

Help take nature's pulse by joining the Big Butterfly Count.

The Big Butterfly Count is a UK-wide survey aimed at helping us assess the health of our environment simply by counting the amount and

type of butterflies (and some day-flying moths) we see.

If you want to use the Big Butterfly Count app to take part then you can [download the app](#) and submit sightings during the Count period. Sign up to our [free newsletter](#) to stay up-to-date or support our charity with [membership](#) or [donation](#)

Press control and enter to make the underlined links work.

Step 1. Get ready

Download our handy butterfly ID chart or free app for iOS and Android to identify and record the butterflies you spot.

[DOWNLOAD CHART](#)

Step 2. Join in

Between **Friday 16 July** and **Sunday 8 August** choose a place to spot butterflies and moths. Watch for **15 minutes**.

Then record which species you see in step 3.

Step 3. Add your counts

Add your counts [here](#) on the website or via the app and look at our fascinating interactive [map](#) to see how your data is contributing to conservation science and research



**BIG
BUTTERFLY
COUNT**

If you are going to join in the churchyard would be a very good place to start!

[Big Butterfly Count \(butterfly-conservation.org\)](http://butterfly-conservation.org)

THE BENEFICE OF WESTFIELD AND GUESTLING

A letter from Rev Joy 18 July 2021

It was Joan Downing's 100th birthday today, Friday, and I'm just back from her lovely party organized by the WCA and Parish Council in the front garden of Bilbrough. The cake was beautiful as was the white orchid she was given. There were speeches and toasts and sparkly wine and Joan in the midst of us all looking fragile but happy. The school choir came across the road to sing to her and give her three cheers. The sun was shining, the sky was blue and even the seagull on the roof joined in with the singing!

It's been a week of birthdays—it was my husband's yesterday. He was a mere 88! Clem and I tried a couple of recipes from our new Keto Diet cookbook—a coconut cheesecake and a chocolate brownie. We had a lovely time in the kitchen weighing and measuring and laughing. We think it's about 7 years since we did some baking together. The less said about the brownie the better. The cookbook's American and we wonder if between the tablespoons, grams and cups something got lost in translation! The brownie would make a good foundation for a rockery. At the moment it is in a ziplock bag awaiting a serious pounding by a rolling-pin so we have some chocolate crumbs to be inventive with. The cheesecake was a bit better but the base was too dusty and the mascarpone and coconut oil layer too thin. We doubled the quantity of whipped cream topping and with some fresh strawberries and raspberries it was a passable birthday dessert. We'll get better as we go along and we're looking for an English cookbook now. The great thing is we're all feeling full of energy and I'm still losing weight!

I'm taking this Sunday off so I won't see some of you until Wednesday except of course members of Westfield PCC who I will see Monday night. It's a bit of a busman's holiday I know, but I'm having some nice times and not having to get up early on Sunday morning will be bliss!

The official announcement from the Church of England in regard to stage 4 of the Government's roadmap has just appeared on their website. I imagine the diocese will issue something over the week-end. It looks as if the weight of decision making will fall on us locally, based on our latest risk assessments. We will make decisions that continue to protect the vulnerable and keep everyone as safe as we can in church. This comes with my love and prayers for you all, Joy

Westfield Church Services

Sunday 18th July Trinity 7

8.30am NO SERVICE—Joy on leave

10am Morning Praise

Wednesday 21st July

9.30am Holy Communion

10-11am Private Prayer

Sunday 25th July Trinity 8

The summer holidays are coming so don't forget to bring your FSW donations today—thank you

8.30am BCP Communion

10am Morning Praise with George Gorham from the Mission Aviation Fellowship (see p.4 for more info)

Guestling Church Services

Sunday 18th July Trinity 7—online service only

Sunday 25th July Trinity 8

11am Holy Communion

Sunday 1 August Trinity 8—online service only



In January 2022 the Living Faith course will begin again at 5 venues around the diocese and online for those who cannot attend a venue.

Living Faith is for lay

Christians to find and develop their gifts and explore what discipleship and calling means for them. It is also part-one of the Authorised Lay Ministry training programme and candidates who wish to train as ALM's need first to complete Living Faith.

Applications to Living Faith need to be made by 3rd December 2021 via Eventbrite at

[Living Faith - Diocese of Chichester \(anglican.org\)](https://www.eventbrite.co.uk/e/living-faith-diocese-of-chichester-tickets-15088888888)

where you can also find full details of the course.'

(Control and click to make link work)

For those who have already completed the Living Faith course:

From September 2021 there will be 5 ministry electives running as part of the Authorized Lay Ministry (ALM) training programme. Training will be offered in **Pastoral care, Children, Youth and family, Mission, Chaplaincy, and Worship and liturgy**. Full details of the programme can be found in the course prospectus [here](#) together with application paperwork. The closing date for applications is 27th August 2021.

Thank you so much to Valerie for writing this:

It's important to express our rage at the racism the English footballers have suffered after the Euro final last Sunday. Here is a prayer written by Dr Rosemarie Mallett the Arch-deacon of Croydon. (From 'Rage and Hope' Christian Aid.)

Loving God, You have created all things
And by your will they have their being.

We rage at a system that treats black people as if they are
not made in the image of God, and created equal.
We seek redress for the years of torment and trauma
of being othered.

We repent of a system that still demands black people justify
their place in every space.

We pray for your liberating kingdom and kin-dom
to come on earth as in heaven.

Amen

**It is with sadness that we announce that Lady Mary
Ashburnham passed away on Monday July 5th.
There will be a private cremation service for the
family and a much larger Memorial Service at
St Laurence Guestling later in the summer.
Her family and friends are in our prayers at this sad
time.**

Contact information

Rev Joy Collins, Priest in Charge of Westfield and Guestling

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Phone: 07437 797553 or 01424 447643

By post: 23 Croft Road, Hastings TN34 3HP

Seventh Sunday after Trinity July 18th 2021

Collect

Lord of all power and might,
the author and giver of all good things:
graft in our hearts the love of your name,
increase in us true religion,
nourish us with all goodness,
and of your great mercy keep us in the same;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen

Westfield and Guestling Lectionary Readings

Ephesians 2:11-end Mark 6:30-34, 53-end

BCP Readings: for Seventh Sunday after Trinity

Romans 6:19-end Mark 8:1-10a

Due to technical issues there will be an absence of on-line services for Westfield until further notice.

Guestling's on-line services will continue for the weeks in between Communion services in Church

<https://www.westfieldchurch.co.uk/online-services-for-guestling-church/>

Generous God,
you give us gifts and make them grow:
though our faith is small as mustard seed,
make it grow to your glory
and the flourishing of your kingdom;
through Jesus Christ our Lord.

Amen

Sunday 25th July—Westfield Church

George Gorham from the Mission Aviation Fellowship (MAF) will be talking to us at the 10am service.

For 75 years MAF has been flying light aircraft over jungles, mountains, swamps and deserts bringing medical care, emergency relief and Christian hope to thousands of communities.

MAF is one of the charities Westfield Church is supporting this year through our giving. There is a board with more information about MAF in the children's corner.



In today's 'connected world', the irony is that never have so many people been so isolated. Many remote communities have never heard the Gospel and are living in spiritual darkness. If a person has a medical emergency and the nearest hospital is a few days walk or an uncomfortable drive on rough roads, their prognosis is poor. When natural disasters, conflict or famine strike hard-to-reach places, an aircraft may be the only safe way to reach the people on the ground.

See more on www.maf-uk.org

A new discovery in Westfield churchyard



Sue discovered this near the lychgate this week. It's called Trailing St John's Wort. Her identification has been verified by Ralph Hobbs who congratulated her on finding it. Its Latin name is *hypericum humifusum*.

I discovered the following on a website of flower essences. It makes its association with a churchyard all the more poignant. Trailing St John's Wort is for healing, particularly where there is the

emotional tension and desperation that are so often a part of grieving. This tiny flower helps us to relax and distance ourselves from emotional trauma. When there has been a sudden shock in our life, such as that caused by bereavement, we need healing support (the word healing means to make whole again). When someone or something we love or value deeply has been taken from us we need gentle loving support, helping us to accept the changes that have been forced on us. Trailing St John's Wort works gently but powerfully to ease the situation that is causing us so much grief. It helps us to rebalance and to see that there is a way forward, a way that is far brighter than we might believe while we are immersed in the depths of our despair.

